



Celebrating 75 Years of Excellence



DR. HARRY BLAIR

We are proud to announce the 75th anniversary of the Orthopedic & Fracture Clinic.

In 1933, just as orthopedic surgery was emerging as a medical specialty, Dr. Harry Blair founded the Orthopedic & Fracture Clinic in downtown Portland. Dr. Herbert Thatcher joined him in 1935, and Dr. Joe Davis in 1939. These men gained a national reputation for their pioneering work in the new field of orthopedics. They began the practice of teaching, research and excellence in patient care that has characterized the Orthopedic & Fracture Clinic for 75 years.

As a founding orthopedic practice in the Portland community, the physicians of the Orthopedic & Fracture Clinic (OFC) have now treated over a half million patients and generations of families. They have survived the test of time by always keeping their patient's needs as the first priority, and by continually providing skilled, effective and compassionate orthopedic care. For 75 years, OFC has been a leader in state-of-the-art and comprehensive orthopedic medicine, and has preserved the tradition of commitment to the highest professional standards of orthopedic surgery.

Vision: We are a team of Professionals who help people restore what patients want the most: Their health.



Evening the Odds - Reducing Girl Athletes' Higher Risk of ACL Injury



Portland, OR (June 6th, 2008) - Are girls more at risk for ACL injuries than boys?

*By Jennifer Willis
For The Scribe*

A recent article in The New York Times Magazine, The Uneven Playing Field, by Michael Sokolove (May 11, 2008) - reports the incidence of ruptured ACLs may be as much as five times higher for young female athletes than for their male counterparts.

"There are absolutely more girls than boys getting hurt," says Dr. J. Brad Butler, Orthopedic Surgeon and President of The Orthopedic

and Fracture Clinic in Portland. Butler also coaches soccer and has three daughters playing. "It's a huge topic of concern," he says.

Physiological differences between boys and girls hormonal differences, body alignment factors, and development of muscle groups spike at puberty and contribute to the higher incidence of ACL injuries. Researchers believe that with education, awareness and training, the odds of injury can be reduced.

Find the full length article in the June 6th, 2008 edition of The Scribe, or contact Shauna Bilicic at sbilicic@commnewspapers.com.



Our team of Professionals is now even more comprehensive!

OFC is pleased to announce the association of three new physicians who will add to the clinic's diverse range of services that include on-site surgical care; interventional pain management; physical and occupational therapy; and MRI.



Dr. Jenkins, Podiatry

With the addition of Joyce Jenkins, D.P.M., the Orthopedic & Fracture Clinic now offers a comprehensive Podiatry Service for patients with injuries and structural problems of the foot and ankle. After thorough evaluation, Dr. Jenkins will create a unique treatment plan that may include taping & strapping, orthotics, injection, physical therapy, and surgery when necessary. Unlike traditional podiatry services, the Orthopedic & Fracture Clinic has innovatively combined Podiatric Medicine with orthopedic and ancillary services to truly provide a seamless continuum of comprehensive foot and ankle care for our patients.



Dr. Denes, Sports Medicine & Fracture Surgery

Alec Denes, M.D. is one of the latest fellowship trained sports orthopedic surgeons to join the Orthopedic & Fracture Clinic. As one of the US Ski & Snowboard team physicians, he brings with him unique training and experiences. His interests and specialties are within sports medicine, arthroscopic surgery, joint reconstructive surgery and orthopedic trauma. As a passionate outdoor athlete himself, Dr. Denes places a priority on helping his patients get back to their active lifestyles by spending the time to educate them about their orthopedic health and treatment options.



Dr. Kurian, Sports Medicine & Shoulder Replacement

The Orthopedic & Fracture Clinic is also extremely proud to announce another addition to our team. Jason Kurian, M.D. is a sports orthopedic surgeon who can offer an exceptional approach for patients with athletic and shoulder injuries. Dr. Kurian is fellowship trained in sports medicine and arthroscopy. His interests lie with arthroscopic shoulder and knee reconstructive surgery, and with shoulder joint replacement. His experience and love of Ironman distance triathlon training has translated into an incredible work ethic in his professional life where he enjoys listening to his patients and providing them with the tools to treat themselves.



Screening for ACL injury

The Sports Medicine Institute of Oregon at OFC, is pleased to implement a **Return to Sports Functional Testing** program for lower extremity injuries. This dynamic exam has been established to ensure patients are ready to return to sports after knee and lower extremity injuries. It is typically administered four to six months after surgery and tests your ability to return to your desired sport or activity. This same program can be used to screen an athlete for risk of ACL injury, and then develop a conditioning program to address any areas of weakness.



The Sports Medicine Institute of Oregon accepts outside referrals for all rehabilitation programs and are preferred providers for most insurance plans. Call for more information or visit www.ofc-oregon.com/physicaltherapy

Physical and Occupational therapy staff:

Kory Bell MSPT, Lisa Day OTR-CHT, Randy Ziobro MSPT, Stephanie Falk MSPT, Patty Barrack MSPT, Corrie Martin DPT, Jean Barnes OTR-CHT, Amanda Graham PTA.

Phone:

503.906.4323



Hip Arthroscopy: Joint-preserving surgery for younger patients



by Alec Denes, MD

Many young adults with hip pain have subtle problems that, if corrected, can delay or prevent the need for a hip replacement. These problems can be diagnosed with an MRI-Arthrogram of the hip, which should be considered in patients less than 50 years of age with persistent hip pain that is unresponsive to conservative treatment. Recent advances in hip arthroscopy allow minimally-invasive treatment of the majority of these problems.

For more information visit our website at www.ofc-oregon.com/patienteducation.htm



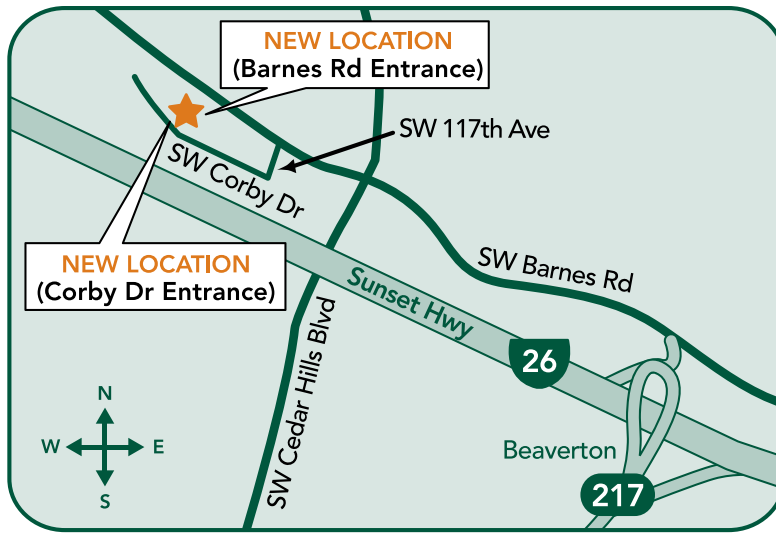
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Map & Contact Info



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